



MN HOSA

Newsletter

www.minnesotahosa.org

24K HOSA MAGIC *SLC Special Edition*



EVERYTHING YOU NEED TO KNOW

Date: Sunday, April 7th. → Tuesday, April 9th

Location: St. Cloud Convention Center in St. Cloud, MN

GUEST SPEAKERS

Keynote Speaker Kartik Tyagi

This year, our Keynote Speaker is Kartik Tyagi! Kartik graduated as a Morehead-Cain scholar with a BSPH from UNC Chapel Hill and currently works as the Senior Strategist for Policy and Communications at the North Carolina Department of Health and Human Services' Division of Child and Family Well-Being. As a 10-year HOSA member and the 2022-2023 HOSA International President, Kartik has a passion for service and advocacy that has propelled both his work and his drive in the fields of public health policy, healthcare reform, and public service. Through his career in government and policy, he ultimately aims to secure a more accessible, equitable, and inclusive outlook for the field of health. In addition to his Keynote speech, Kartik will speak on a panel and host two workshops.

- **Panel:** *Medical Careers You May Not Have Considered* | Monday, April 8th from 3:00-4:15 PM in the Sunwood room
- **Ed Session:** *Say What You Mean and Mean What You Say: How to Lead and Influence Positively* | Tuesday, April 9th from 9:00-9:45 AM & 10:00-10:45 AM in the State room
- Ed Session Host



At SLC 2024, we are also lucky to welcome our current Central Region Vice President and former MN HOSA President Tristen Rothrum! A student at the University of Minnesota diving into the interdisciplinary world of neuroscience and Chicano-Latino studies, Tristen is determined to improve healthcare and provide support to those in need by pursuing a career as a Pediatric Neuropsychologist specializing in neurodegenerative diseases in Latin America. This year, Tristen has worked to transform the central region into a dynamic hub of collaboration, innovation, and personal growth, propelling HOSA members toward greater opportunities. Ultimately, Tristen hopes to encourage fellow HOSA members to persevere in adversity, empowering themselves to make a difference on both local and global scales. Make sure to say hi to Tristen at some point during the conference!

IEC Special Guest Tristen Rothrum



GENERAL REMINDERS

1. SLC 2024 is Minnesota HOSA's **largest conference EVER!** We are excited to host such a large number of students. However, this means that **some things** will happen that **we are not anticipating**, which could **impact our schedule**. Thus, it is imperative to **remain attentive** to the status and timing of your events. As a general reminder, **HOSA Bowl takes priority** over all other events.

2. PLEASE REVIEW THE SLC 2024 PROGRAM, which contains the following:

- Official schedule
- Maps
- Competitive event list
- Brackets and seeds
- Competition appointment times
- Special guests
- State officer candidates
- Ed session guide
- College and career fair exhibitors
- Dress code policy
- Activities list
- Conference Remind App
- Report form.
- ACCESS it on the MN HOSA website or scan the QR code!



**SLC 2024
PROGRAM
GO-TO INFO SOURCE**



GENERAL REMINDERS



1. Review the **SLC Schedule** for **room changes** and **time updates**
2. **Patient and Supply requirements** can be found in the **Event List file**
3. **Research posters** must be **printed** as outlined in the guidelines
4. Recorded **CE Prep sessions** for **Biotech** and **Forensic Science** can be found in the Competitive Event descriptions on **minnesotahosa.org**

To study for your events, reference our **competitive event resources** on **minnesotahosa.org**. There, you'll find a comprehensive list of all 70+ CEs in HOSA, their associated **guidelines**, and supplemental **videos** that can aid in your studying. Additionally, **scan the QR code** to access resources you can use to study for your specific events.
5. Check out the **SLC Workshop Schedule** to see which **sessions** you might be **interested in attending**



SLC SCHEDULE



EVENT LIST FILE



CE PREP SESSIONS



SLC WORKSHOP SCHEDULE

SLC SPECIAL EVENTS

Carnival

Bring your **friends** and your hand-eye coordination down to our **Sunday** Carnival for a **night** of **games, camaraderie, and fun!** Visit any of our game booths for a chance to **win raffle tickets!**

- **Sunday**, April 7th from **8:00-10:30 pm**
- Location: **HOTEL BALLROOM**
- Attire: **HOSA Casual**

Carnival Games + Activities

- Ring toss
- Corn hole
- Board + card game table
- Card tower building race
- Spin to win HOSA merch
- Knock down cups
- Coin toss
- Spike ball



Fundraiser: Pie in the Face!

CASH ONLY
\$3 for 1 or \$5 for 2

This fundraiser will take place at the carnival

A **significant share** of the proceeds from this fundraiser will be **donated to NMDP** (National Marrow Donor Program), **formerly known as Be The Match.**

Our contribution supports their **vital work** in maintaining a **diverse marrow registry**, which **offers a potential cure for many** facing **life-threatening illnesses.**

You won't want to miss this, so **come check it out!!**

SLC SPECIAL EVENTS



College & Career Fair

- Location: Terry Haws C
- Monday, April 8th from 10:00 AM to 4:00 PM
- Come talk to our 40+ exhibitors, including many of our sponsors and partners.
- Seek job, volunteer, and internship opportunities; learn more about different local career pathways; gain appreciation/knowledge about local companies
- Make sure to thank the guests at each booth for their time and effort
- Remain respectful, courteous, and appreciative of our exhibitors and sponsors, who have dedicated their time and efforts to share their opportunities with you!

Dance

To complement our overall theme of 24K HOSA Magic, this year's dance theme is **"Out on the Red Carpet"**! Come to **celebrate** a golden year of HOSA with **music, dancing,** and your **HOSA family!**

- Date/Time: **Monday, April 8th from 8:30–10:30 pm**
- Location: **HOTEL BALLROOM**
- Attire: Semi Formal or Casual, wear **red and gold**

Craft Room

- Come check out our craft room, where you can use your creativity, chat with friends, and/or decompress from your events
- Open on Monday, April 8th from 9:00AM to 4:00PM
- Come to Get volunteer hours!! Color a Smile will validate 10 minutes of volunteer work for each complete drawing sent

IMPORTANT NOTES

DRESS CODE

Proper attire is mandatory in order to attend:

- Opening session
- Recognition session
- Closing session

Appropriate business attire is required for official functions, include the MN HOSA Expo, in-conference meals, official sessions, and workshops in conjunction with SLC.

You will not be permitted to receive an award on stage if you are not dressed in proper attire

CODE OF CONDUCT

As you explore the conference, please be sure to be kind and courteous to fellow competitors, HOSA officials, speakers, exhibitors, and other hotel guests. Remember, Remember, you are not only here to compete, but you serve as a representative of your local chapters as well as Minnesota HOSA. Always be on your best behavior and remember the golden rule: treat others the way you want to be treated!

Curfew is 10:45 PM on Sunday evening and 11:00 PM on Monday evening. At this time, you must be in your room.

Disrespectful behavior and failure to abide by the code of conduct is NOT tolerated. Students who fail to meet the curfew and other expectations outlined in the HOSA Code of Conduct will receive point deductions on their event, removal from competition, and/or removal from the conference at their own expense.